Meningitis and Septicaemia

You may have heard of MenC and MenB as causes of meningitis and septicaemia – now there’s an increase in MenW infection as well.

- Meningitis and septicaemia can kill very quickly
- Cases caused by meningococcal W (MenW) bacteria are increasing in the UK
- Teenagers and young adults have a higher risk of meningococcal disease
- The MenACWY vaccine helps to protect against 4 meningococcal groups (A, C, W and Y)
- Even if you have already had a MenC vaccine you should have the MenACWY vaccine
- If you’re in school years 9 to 13 (aged 13-18 years) you should make sure you don’t miss out on your vaccination
- Look out for the vaccination team visiting your school, or an invitation from your GP – you will be contacted when you are due to be vaccinated
- If you are starting university for the first time this year, go to your GP to get the vaccination before you go but if you miss out register with a GP at uni and get the vaccination there

For more information, speak to your school nurse or your doctor, or visit