

How people travel - cycling



18 cycling trips per person per year on average in 2014



58 miles travelled cycling per person per year on average



23 minutes per cycling trip on average



2%
of trips

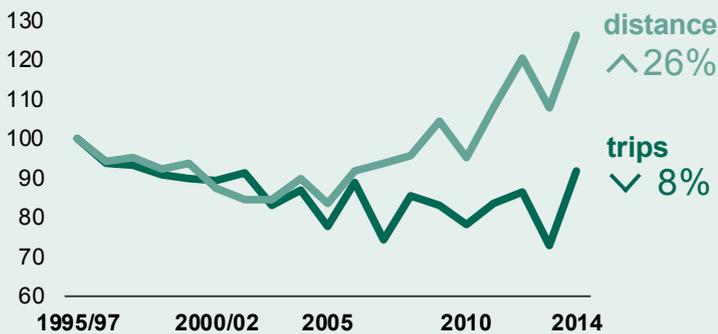


1%
of distance

Cycling accounts for a small share of trips and distance travelled.

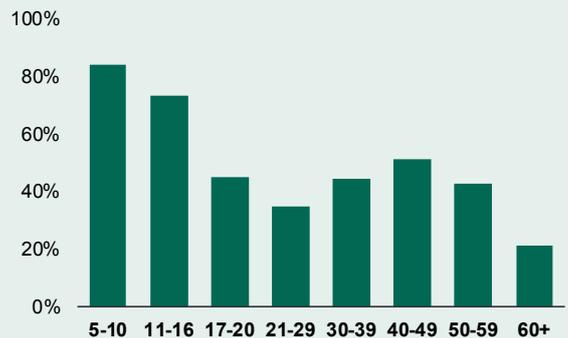
Trends

Trends in trips and distance from 1995/97 to 2014 (index: 1995/97=100)



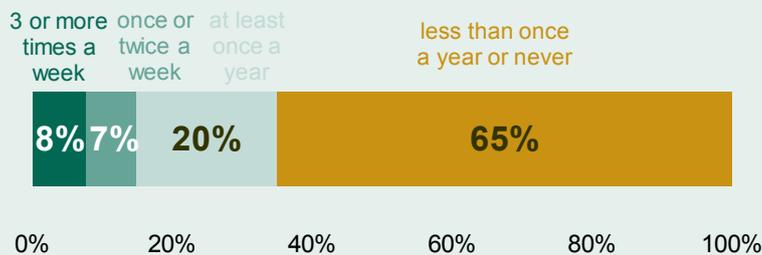
Access to a bicycle

Proportion who own or have use of a bicycle by age band, 2012/14



Frequency of cycling

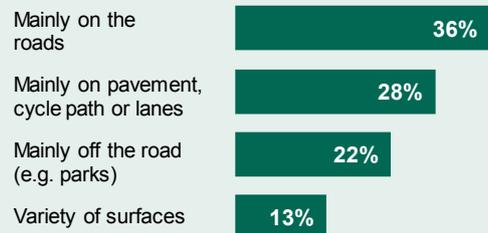
65% of people aged 5+ use a bicycle less than once a year or never.



Where people cycle

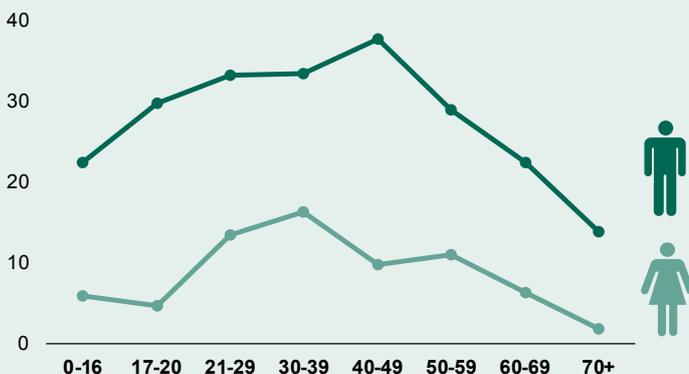


Where usually cycled in the last 12 months, 2014



Cycling trips by age and gender

Trips per person per year by age and gender, 2014



Men make more cycling trips than women at all ages, with the greatest difference for those aged 40-49.

What is a cycling trip in NTS?

A **cycling trip** in the NTS is one where cycling is the main mode in terms of distance. **Distance** figures include cycling stages made as part of any trip. The number of respondents using this mode is small, so results (particularly year-on-year variability) should be interpreted with caution.

Related data sources

DfT publishes statistics on cycling at local area level as part of the annual [Local Area Walking and Cycling statistics](#)