# NHS Newborn Blood Spot Screening Programme

# Newborn screening for cystic fibrosis – your baby needs a repeat screening test

When your baby was about a week old, your midwife took some blood from your baby’s heel. The blood was tested for some rare conditions, including cystic fibrosis (CF).

The result of your baby’s test was higher than normal and we need to repeat the test. This is a normal part of the screening process.

**Most results from repeat testing are normal and there is no need for further follow up.**

**How will the test happen?**

Your midwife or health visitor will arrange to take the repeat blood sample when your baby is around 3 to 4 weeks of age, or as soon as possible if your baby is already this age. A health professional will contact you to give you the result as soon as it is available. This is usually within 14 days after taking the sample (although every effort is made to complete the test within 7 days).

**What might the result show?**

There are 3 possible results from the repeat test:

* the repeat test will be normal and there is no need for further follow up. Most babies requiring a repeat test for CF will have a normal result
* your baby is a healthy carrier of CF and will not need any further follow up – however a health professional will visit you to discuss the result
* there is a **small** possibility that your baby may be affected with CF – in this case we will arrange for you to see a specialist doctor

If you would like more information at this stage, please ask your midwife, health visitor or GP.

If you are worried about your baby in any way whilst waiting for this result, please contact your midwife, health visitor or GP. You should not contact the screening laboratory directly for the result.

Please keep this sheet with your baby’s personal records. Further information about CF is available at [www.nhs.uk/conditions/cystic-fibrosis](http://www.nhs.uk/conditions/cystic-fibrosis).