

## Household and eating out food & drink codes

Some types of food and drink have been grouped together within each of the categories in this report for ease of reference. This document lists foods that make up the food and drink types.

### Household Food Codes

#### Milk and milk products excluding cheese

- Whole milk, including UHT milk, sterilised, pasteurised, homogenised
- Fully skimmed milk
- Semi-skimmed milk
- Condensed or evaporated milk
- Infant milks
- Instant dried milk
- Yoghurt and fromage frais
- Dairy desserts - not frozen
- Dried milk products
- Milk drinks and other milks
- Non-dairy milk substitutes
- Cream

#### Cheese

- Hard cheese
- Cottage cheese
- Soft natural cheese
- Processed cheese

#### Carcase meat

- Beef joints
- Beef steak
- Minced beef
- All other beef and veal
- Mutton
- Lamb joints
- Lamb chops
- All other lamb
- Pork joints
- Pork chops
- Pork fillets and steaks
- All other pork

#### Non-carcase meat and meat products

- Liver
- All offal other than liver
- Bacon and ham, cooked or uncooked
- Chicken and turkey cooked or uncooked - whole or pieces
- Corned beef
- Other cooked meat
- Canned meat and canned meat products
- Other poultry, uncooked (including frozen)
- Other fresh, chilled and frozen meat
- Sausages, uncooked – pork, beef or other
- Meat pies and sausage rolls, ready to eat
- Meat pies, pasties and puddings, frozen or not frozen
- Burgers, frozen or not frozen
- Complete meat-based ready meals
- Other convenience meat products

Pate and delicatessen type sausage  
Meat pastes and spreads  
Takeaway meat pies and pasties  
Takeaway burger and bun  
Takeaway kebabs  
Takeaway chicken  
Takeaway sausages and saveloys  
Takeaway meat based meals  
Takeaway miscellaneous meats

## **Fish**

White fish, fresh, chilled or frozen  
Herrings and other blue fish, fresh, chilled or frozen  
Salmon, fresh, chilled or frozen  
Blue fish, dried or salted or smoked  
White fish, dried, salted or smoked  
Shellfish  
Takeaway fish  
Salmon, tinned  
Other tinned or bottled fish  
Ready meals and other fish products - frozen or not frozen  
Takeaway fish meals and fish products

## **Eggs**

## **Fats**

Butter  
Margarine  
Lard, cooking fat  
Olive oil  
Other vegetable and salad oils  
Reduced fat spreads  
Low fat spreads  
Suet and dripping  
Imitation cream

## **Sugar and preserves**

Sugar  
Jams and fruit curds  
Marmalade  
Syrup, treacle  
Honey

## **Fresh and processed potatoes**

Fresh new potatoes  
Fresh baking potatoes  
Other fresh potatoes  
Chips and takeaway chips  
Instant potato  
Canned potatoes  
Crisps and potato snacks  
Other potato products, frozen or not frozen

## **Fresh and processed vegetables, excluding potatoes**

Fresh cabbages  
Fresh brussels sprouts  
Fresh cauliflower  
Fresh leafy salads  
Fresh peas  
Fresh beans

- Fresh carrots
- Fresh turnips and swede
- Other fresh root vegetables
- Fresh onions, leeks and shallots
- Fresh cucumbers
- Fresh mushrooms
- Fresh tomatoes
- Fresh vegetable stewpack, stirfry pack etc.
- Fresh stem vegetables
- Fresh marrow, courgettes, aubergine, pumpkin and other vegetables
- Fresh herbs
- Tomatoes, canned or bottled
- Peas, canned
- Baked beans in sauce
- Other canned beans and pulses
- Other canned vegetables
- Dried pulses other than air-dried
- Air-dried vegetables
- Tomato puree and vegetable purees
- Vegetable juices eg tomato juice, carrot juice
- Peas, frozen
- Beans, frozen
- Ready meals and other vegetable products, frozen or not frozen
- All vegetable takeaway products
- Other frozen vegetables

### **Fresh and processed fruit**

- Fresh oranges
- Other fresh citrus fruits
- Fresh apples
- Fresh pears
- Fresh stone fruit
- Fresh grapes
- Other fresh soft fruit
- Fresh bananas
- Fresh melons
- Other fresh fruit
- Tinned peaches, pears and pineapples
- All other tinned or bottled fruit
- Dried fruit
- Frozen strawberries, apple slices, peach halves, oranges and other frozen fruits
- Nuts and edible seeds
- Peanut butter
- Pure fruit juices

### **Bread**

- White bread
- Brown, granary and wholemeal bread
- Rolls - white, brown or wholemeal
- Malt bread and fruit loaves
- Vienna and French bread
- Starch reduced bread and rolls
- Continental breads (e.g garlic, ciabatta, bagel, naan)
- Sandwiches
- Sandwiches from takeaway
- Takeaway breads

### **Flour**

### **Cakes, buns and pastries**

- Cakes and pastries, not frozen

Takeaway pastries  
Buns, scones and teacakes

### **Biscuits and crispbreads**

Chocolate biscuits  
Sweet biscuits (not chocolate) and cereal bars  
Cream crackers and other unsweetened biscuits  
Crispbread

### **Other cereals and cereal products**

Oatmeal and oat products  
Muesli  
High fibre breakfast cereals  
Sweetened breakfast cereals  
Other breakfast cereals  
Canned or fresh carton custard  
All canned milk puddings  
Puddings  
Rice - dried, cooked or takeaway  
Invalid foods, slimming foods and sports foods  
Infant cereal foods  
Cakes and pastries - frozen  
Canned, dried and fresh pasta  
Takeaway pasta and noodles  
Pizzas, frozen and not frozen  
Takeaway pizza  
Cake, pudding and dessert mixes  
Cereal snacks  
Quiches and flans, frozen and not frozen  
Takeaway crisps, savoury snacks, popcorn, popadums, prawn crackers  
Other cereals

### **Beverages**

Tea  
Coffee beans and ground coffee  
Instant coffee  
Coffee essences  
Tea and coffee from takeaway  
Cocoa and chocolate drinks  
Malt drinks and chocolate versions of malted drinks

### **Other food and drink**

Mineral or spring waters  
Baby foods  
Soups - canned or cartons  
Soups - dehydrated or powdered  
Soups - from takeaway  
Salad dressings  
Other spreads and dressings  
Pickles  
Sauces  
Takeaway sauces and mayonnaise  
Stock cubes and meat and yeast extracts  
Jelly squares or crystals  
Ice cream tub or block  
Ice cream cornets, choc-ices, lollies with ice cream  
Ice lollies, sorbet, frozen mousse, frozen yoghurt  
Takeaway ice cream, ice cream products, milkshakes  
Soya and novel protein foods (e.g. Quorn)  
Salt  
Other takeaway food brought home

## **Soft drinks**

Soft drinks, concentrated, low calorie or not low calorie

Soft drinks, not concentrated, low calorie or not low calorie

## **Confectionery**

Chocolate bars

Chewing gum

Mints and boiled sweets

Fudges, toffees, caramels

Takeaway confectionery

## **Alcoholic drinks**

Beers

Lagers and continental beers

Ciders and perry

Wine and champagne

Spirits with mixer

Fortified wines

Spirits, liqueurs and cocktails

Alcopops

## **Eating out purchases**

### **Indian, Chinese or Thai food**

- Meat or fish-based curry with or without sauce
- Vegetable or fruit-based curry
- Dhal and dhal dishes
- Samosas
- Other Indian dishes
- Indian breads
- Indian buffet or shared meal
- Chinese or Thai meat or fish-based dishes
- Chop suey and fu yung dishes
- Chinese or Thai vegetable-based main course dishes
- Spring rolls
- Other Chinese or Thai dishes
- Chinese or Thai buffet or shared meal

### **Meat and meat products**

- Steak - without sauce (e.g. braised, sirloin)
- Roast meat with sauce or gravy
- Pork chops with sauce or gravy
- Lamb chops with sauce or gravy
- Spare ribs
- Bacon, gammon or ham
- All offal including liver, kidney, tongue
- Chicken or turkey with sauce or gravy
- Chicken or turkey in breadcrumbs or batter
- Duck with sauce or gravy
- Game with sauce or gravy
- Burgers
- Kebabs - all types
- Sausages and sausage rolls
- Hot dogs and sausage sandwiches
- Meat pies (pastry or potato topped) and pasties
- Meat and vegetable stews, casseroles or hotpots
- Chicken or turkey stews, casseroles or hotpots
- Meat-based oven baked dishes (e.g. lasagne, cannelloni, moussaka)
- Paté

### **Fish and fish products**

- White fish - grilled, steamed, baked or boiled
- White fish - fried (including in batter or breadcrumbs)
- Trout, tuna and salmon
- Herring, mackerel, sardines
- Shellfish
- Kippers and other smoked fish (e.g. smoked salmon)
- Fish, processed, in breadcrumbs (e.g. fish fingers, fish cakes, scampi)
- Fish burgers (in bun)
- Fish based pie or other dish (e.g. paella, kedgeree, tuna pasta bake)

### **Cheese and egg dishes or pizza**

- Cottage cheese including with pineapple
- Soft, continental or processed cheese (e.g. brie)
- Cheddar, blue or other hard cheese and unspecified 'cheese'
- Quiche and cheese pies or pasties
- Other cheese dishes (e.g. Welsh rarebit, cheese and biscuits)
- Pizza
- Eggs - boiled or poached

Eggs - scrambled, fried, omelettes or unspecified 'egg'  
Other egg dishes (e.g. egg mayonnaise)

### **Fresh and processed potatoes**

Chips and French fries - from fast food outlet or served with meal  
Potatoes - boiled, mashed, roast  
Sautéed potatoes, potato croquettes, hash browns etc.  
Baked or jacket potatoes  
Other potato dishes (e.g. wedges, potato salad)

### **Vegetables**

Lettuce and cress  
Green vegetables (e.g. spinach, cabbage, sprouts)  
Peppers - raw or cooked  
Courgettes, marrow, aubergine, pumpkin, plantain, cucumbers  
Peas and sweetcorn  
Baked beans and other beans or pulses  
Tomato - fresh, cooked or processed  
Carrots  
Onions - raw, cooked  
Other root vegetables or tubers (e.g. turnip, parsnip, radish, beetroot)  
Mushrooms  
Mixed vegetables or unspecified 'vegetable'  
Other vegetables (e.g. artichoke, asparagus)  
Vegetables in batter or breadcrumbs (e.g. onion rings)  
Onion and other vegetable bhajis and pakora  
Vegetarian burger, bean burger, vegetarian sausage, nut roast  
Oven-baked vegetable dishes (e.g. vegetable lasagne, cannelloni, moussaka)  
Stuffed vegetables (e.g. stuffed pepper) and vegetable-based starter  
Vegetable-based stews and casseroles and vegetable-based pies

### **Salads**

Mixed salad, with or without dressing  
Green salad, with or without dressing  
Vegetable or fruit and nut salad  
Pasta, rice, mixed bean or cereal-based salads  
Meat salad (e.g. beef, lamb, chicken salads)  
Fish salad (e.g. tuna, salmon salads)  
Cheese salad including ploughmans  
Egg salad  
Other salads (e.g. Greek, Florida, Russian)  
Salad buffet or buffet meal where items not specified

### **Rice, pasta or noodles**

Fried rice and risotto  
All cooked rice (e.g. boiled, pilau, savoury)  
Pasta - not filled and plain noodles  
Pasta - filled (e.g. ravioli, tortellini)  
Noodles with meat, vegetables etc.

### **Soups**

Meat & fish soups  
Vegetable based soups  
Chinese soups, consommé (e.g. meat, fish or vegetable)

### **Breakfast cereals**

Muesli and oat crunch cereals  
Other high fibre breakfast cereals (e.g. Allbran, Weetabix)  
Sweetened breakfast cereals (e.g. Frosties, Sugar Puffs)  
Hot breakfast cereals (e.g. porridge, Ready Brek)

Other breakfast cereals (e.g. Cornflakes, Rice Krispies, Special K)

## **Fresh and processed fruit**

All citrus fruit (e.g. orange, grapefruit)  
Bananas  
Apples  
Pears  
Stone fruit (e.g. apricot, plum, peach, cherry, avocado)  
Grapes  
Soft fruit or berries (e.g. strawberries, blackberries)  
Melon  
Pineapple  
Fresh fruit salad  
Other fresh fruit (e.g. kiwi, passion)  
Free school fruit  
Dried fruit (e.g. sultanas, raisins)  
Tinned, stewed, baked or processed fruit

## **Yoghurt and fromage frais**

### **Bread**

White bread (toasted or untoasted)  
Brown or wholemeal bread (toasted or untoasted)  
Rolls, baguettes etc. (white, brown or wholemeal)  
Garlic bread  
Croissant  
Continental breads (e.g. pitta, ciabatta, focaccia)  
Muffins, crumpets  
Fried bread, including croutons  
Other bread, rolls, toast, unspecified 'bread' etc.

### **Sandwiches**

Meat-based sandwich  
Chicken or turkey-based sandwich  
Bacon and egg-based sandwich  
Fish-based sandwich  
Cheese-based sandwich  
Egg-based sandwich  
Vegetarian-based sandwich  
Sweet-filled sandwich  
Unspecified sandwiches

### **Other food products**

Cheese or cream-based sauce (e.g. carbonara, cauliflower cheese)  
Meat-based sauce (e.g. bolognese, chilli con carne)  
Fish or seafood-based sauce  
Tomato-based sauce containing vegetables, including ratatouille  
Other savoury sauce  
Sweet sauce (e.g. syrup, treacle, chocolate sauce)  
Fruit or vegetable-based condiments  
Other condiments or sauces  
Salad dressings and dips  
Mayonnaise  
Coleslaw  
Fruit filling (e.g. peaches for pancakes)  
Vegetable filling  
Cheese filling including cheddar cheese, cottage cheese  
Fish-based filling (e.g. tuna mayonnaise)  
Butter and margarine  
Jam, marmalade and honey

Cream - single, double, sour etc.  
Custard  
Sugar (as an addition to tea, coffee etc.)  
Commercial baby food in a jar or can  
Yorkshire puddings and dumplings  
Unspecified meal (e.g. 'meal', 'school meal' or 'meal at work')

## **Beverages**

Coffee (e.g. black, white, latte)  
Tea (e.g. white, black, herbal, fruit)  
Hot chocolate or cocoa

## **Soft drinks including milk**

Mineral water  
Soft drink (including carbonates and still)  
Pure fruit juices  
Vegetable juices (e.g. tomato juice, carrot juice)  
Milk as a drink  
Milk on cereal  
Milkshake and flavoured milk  
Free school milk

## **Alcoholic drinks**

Spirits  
Liqueurs  
Cocktails  
Spirits or liqueurs with mixer e.g. gin & tonic, Bacardi & coke  
Table wine  
Sparkling wines (e.g. Champagne) and wine with mixer (e.g. Bucks Fizz)  
Fortified wine (e.g. sherry, port, vermouth)  
Cider or perry  
Alcoholic soft drinks (alcopops), and ready-mixed bottled drinks  
Bitter  
Lager or other beers  
Round of drinks, alcohol not otherwise specified

## **Confectionery**

Solid, unfilled chocolate bars and sweets  
Filled chocolate-coated bars and sweets (e.g. Mars, Snickers, Minstrels)  
Single chocolate (after dinner)  
Chewing gum and bubble gum  
Mints (e.g. Polo, Extra Strong)  
Boiled sweets, jellies  
Toffee or fudge (e.g. chocolate éclairs, caramels)  
Pick 'n' mix, nougat, liquorice and other sweets

## **Ice cream, desserts and cakes**

Ice cream  
Iced lollies and sorbets  
Doughnut  
Cream pastries (e.g. chocolate éclairs, profiteroles)  
Cream sponge or gâteau  
Rich chocolate cake or chocolate gâteau  
Fruit and other pies or pastries  
Fruit cake  
Other sponge cakes or desserts  
Custard desserts or sweet soufflé  
Meringue desserts including pavlova  
Cheesecake  
Fool, trifle and mousse desserts

Jelly  
Milk and rice puddings including tapioca, semolina  
Other cakes and desserts, unspecified  
Waffles and pancakes  
Teacakes, scones, currant buns, iced buns

## **Biscuits**

Fully-coated chocolate biscuits or wafers  
Sweet biscuits including half-coated chocolate biscuits  
Cereal bars and cereal based cakes  
Savoury biscuits

## **Crisps, nuts and snacks**

Nuts, nut products and seeds  
Potato crisps or snacks including unspecified 'crisps', prawn crackers  
Cornsnacks, based on maize  
Wheat-based savoury snack  
Popcorn  
Other savoury snacks (including hors d'oeuvres)