

INSTRUCTOR TRAINING COURSE

Ser	Date	Time	Activity	Inst	Location	Remarks
1	Day 1	0800 - 0820	Students Escorted to D Block	Cz WO	Camp	
2		0830 - 0910	Tour of Camp, Armoury, Admin Office	Cz WO	Camp	Pay for food & accom
3		0920 - 1020	Opening Address	Comd, Cse Offr, RSM	120	RSM to cover Fire & Discipline
4		Break				
5		1040 - 1100	Course Validation Brief	Trg Offr	120	
6		1110 - 1130	Equipment Care	RQMS	120	
7		1140 - 1240	Kit Issue	SI	SR	
8		Lunch			Mess	
9		1340 - 1440	SI Interviews	RQMS	Store	SI to return interview proformers to Cse Offr
10		1450 - 1530	Fieldcraft Lsn 2	SI	SR	
11		1540 - 1620	Student Connections	SI	SR	
12		1745 - 1900	Ice Breaker	All	VaV Restaurant	All Cse DS to attend
13	Day 2	0800 - 0930	Agile Instructor (Qualities of a Good Instructor)	Trg CSgt	120	
14		0940 - 1020	Question and Answer Technique	Trg CSgt	120	
15		Break				
16		1040 - 1120	Types of Instructional Periods	SI	SR	
17		1130 - 1210	Manage Instruction	Trg Offr	120	
18		Lunch				
19		1330 - 1530	Structure of a Theory and Technical Skills Lesson	SI	SR	
20		1540 - 1620	Demo of a Theory Lesson - Understand the British Armed Forces Operational Shooting Policy	Cse Offr	120	
21		1630 - 1710	Instructional Aids	SI	SR	
22	Day 3	0800 - 0840	Fault Checking	Trg CSgt	120	
23		0850 - 1020	Instructional Methods	SI	SR	
24		Break				
25		1040 - 1210	Planning and Preparation of a Lesson	SI	SR	
26		Lunch				

INSTRUCTOR TRAINING COURSE

27		1310 - 1440	Demo of a Skills Lesson - Rifle Lsn 1: Introduction, Safe Handling, Stripping & Assembly	SI	SR	
28		1450 - 1710	Rifle Lsn 2: Magazine Filling, Sight Setting, Load, Unload, Make Safe & Safe Handling	SI	SR	
29	Day 4	0800 - 0840	Apply the Principles of Marksmanship	Trg CSgt	120	
30		0850 - 1020	Rifle Lsn 3: Holding, Aiming & Firing	SI	SR	
31		Break				
32		1040 - 1120	Demo of a Fieldcraft Lesson - FC Lsn 17: Target Indication	SI	OA	
33		1130 - 1210	Fieldcraft Lsn 18: Types of Fire Control Orders	SI	OA	
34		Lunch				Students to inform SIs of their Theory Lesson Subject
35		1310 - 1350	Fieldcraft Lsn 19: Issuing Fire Control Orders	SI	SR	
36		1400 - 1530	Apply the British Armed Forces Training Safe System	Trg Offr	120	
37		1540 - 1620	UN - Code of Conduct	Cse Offr	120	
38		1630 - 1710	UN - Gender Equality	Cse Offr	120	
39	Day 5	0800 - 0840	UN - Child Protection	Cse Offr	120	
40		0850 - 1020	Rifle Lesson 4: Firing from Combat Positions	SI	OA	
41		Break	Pay Parade	SA	Admin Office	
42		1040 - 1120	Brief, Monitor, Debrief	Cse Offr	120	Demonstration
43		1130 - 1210	Progress Assessment 1	SI	SR	
44		Lunch				
45		1310 - 1600	Student Teach Back Study	SI	SR	Prep time with Inst assistance

Ser	Date	Time	Activity	Instructor	Location	Remarks
46	Day 6	0800 - 1020	Student Theory Lessons	TP	SR	x3 Formative
47		Break				
48		1040 - 1210	Student Theory Lessons	TP	SR	x2 Formative
49		Lunch				
50		1310- 1430	Rifle Lsn 5: Mechanism of the Rifle, Immediate Action & Possible Stoppages	SI	SR	

INSTRUCTOR TRAINING COURSE

51		1440 - 1520	Rifle Practice Period	SI	SR	
52		1530 - 1710	Conduct of Weapon Handling Tests	SI	SR	Complete WHTs
53	Day 7	0800 - 1020	Student Theory Lessons	TP	SR	x3 Formative
54		Break				
55		1040 - 1210	Student Theory Lessons	TP	SR	x2 Formative
56		Lunch				
57		1310 - 1400	Fieldcraft Lesson 10: Ground Sign Awareness	SI	OA	
58		1410 - 1450	UN - Human Rights			
59		1500 - 1800	Student Teach Back Study	SI	SR	Prep time with Inst assistance
60	Day 8	0800 - 0900	Rifle Lesson 1	TP	SR	Formative
61		0910 - 1010	Rifle Lesson 2	TP	SR	Formative
62		Break				
63		1040 - 1210	Rifle Lsn 6 - Use of Cover, Carriage of the Weapon, & Reaction to Effective Enemy Fire	SI	OA	
64		Lunch				
65		1300 - 1400	Rifle Lesson 1	TP	SR	Formative
66		1410 - 1510	Rifle Lesson 2	TP	SR	Formative
67		1520 - 1620	Rifle Lesson 3	TP	SR	Formative
68	1630 - 1800	Student Teach Back Study	SI	SR	Prep time with Inst assistance	
69	Day 9	0800 - 1200	Rifle Lessons 1/2/3/4/5	TP	SR	x5 Formative
70		Lunch				
71		1300 - 1600	Fieldcraft Lesson 17/18/19	TP	SR	x3 Formative
72		1610 - 1650	UN - Sexual Exploitation	Cse Offr	120	
73		1700 - 1800	Student Teach Back Study	SI	SR	Prep time with Inst assistance
74	Day 10	0800 - 1000	Fieldcraft Lesson 10/19	TP	SR	x2 Weather dependant for FC 10 (Formative)
75		Break	Pay Parade	SA	Admin Office	
76		1020 - 1100	Progress Assessment 2	SI	SR	
77		1110 - 1130	Update course Invals	SI	SR	

INSTRUCTOR TRAINING COURSE

Ser	Date	Time	Activity	Instructor	Location	Remarks
78	Day 11	0800 - 0900	Introduction to Battle Lessons (BL) and Battle Exercises (BE)	Cse Offr	120	SI move to trg area and set up/reherse
79		0910 - 0930	Move to area	Duty SI		En Bus D block
80		0940 - 1100	BL and BE Demonstration	Demo	TPC 2,3,4	Cse Offr to Narrate
81		1110 - 1400	Recce BL and BE Areas	Students	Area	SI to assist students. Packed Lunch
82		1400 - 1420	Return to Camp	Duty SI	Area	DOP D Block
83		1430 - 1510	Production of an Exercise Instruction (EASP and EAM)	Cse Offr	120	
84		1520 - 1700	Work on BL EAM	SI	SR	
85	Day 12	0800 - 0820	Move to area	Duty SI	Area	D Block
86		0830 - 1530	Fieldcraft Lessons: Individual F and M Attack – Final phase Search En dead Section Break Contact Drills Building Clearance Casualty Evacuation.	SI	TPC 2,3,4	Packed Lunch. Demo troops required
87						
88						
89						
90						
91		1530 - 1550	Return to Camp	Duty SI	Area	DOP D Block
92						
93	1600 - 1800	Student Teach Back Study	SI	SR	Prep time with Inst assistance	
94	Day 13	0800 - 1200	Fieldcraft Lessons 10/17/18/19	TP	SR	X4 Weather dependant for FC 10 (Formative)
95		Lunch				
96		1300 - 1400	Fieldcraft Lessons 10/17/18/19	TP	SR	X1 Weather dependant for FC 10 (Formative)
97		1410 - 1500	CQM Presentation	Trg CSgt	120	
98		1510 - 1550	Rifle Lsn 13 - Close Quarter Battle	SI	OA	
99		1600 - 1800	Complete and hand in BL EAM/Prep for BLs	Students	SR	SI to assit Students
100	Day 14	0730 - 0800	Move to area	Duty SI	Area	D Block
101		0800 - 1700	Student BLs	TP	TPC 2,3,4	7 x BL Formative (Packed Lunch)
102		1700 - 1730	Return to Camp	Duty SI	Area	DOP D Block
103	Day 15	0730 - 0800	Move to area	Duty SI	Area	D Block
104		0800 - 1140	Student BLs	TP	TPC 2,3,4	3 x BLs Formative
105						

INSTRUCTOR TRAINING COURSE

106		1140 - 1200	Return to Camp	Duty SI	Area	DOP D Block
107		Lunch				Pay Parade
108		1300 - 1340	Introduction to Coaching the Grouping Practice	Cse Offr	120	
109		1350 - 1510	Practical Coaching the Grouping Practice	SI	SR	

Ser	Date	Time	Activity	Instructor	Location	Remarks
110	Day 16	0730 - 0800	Move to Range	Duty SI	Inf Range	D Block
111		0800 - 0900	Set up Range/Range Brief to Students	Cse Offr	Inf Range	B/A Compisite Pistol 1-4 and WHT Container Meal
112		0900 - 1200	Rifle LF 3 - Intro shoot at 25m (All positions)			
113		1200 - 1300	Lunch			
114		1300 - 1645	Rifle LF 4 - Grouping at 50 and 100m (All Positions)	Duty SI		DOP D Block, Post Range Admin
115		1645 - 1710	Return to Camp			
116	Day 17	0730 - 0810	Rifle Lesson 9 - Zeroing	SI	SR	
117		0820 - 0840	Move to Range	Duty SI	Inf Range	D Block
118		0830 - 0930	Set up Range/Range Brief to Students	Cse Offr	Inf Range	B/A Rifle CQM (Trg CSgt) Container Meal
119		0930 - 1230	Rifle LF 5 – Zeroing at 100M (Prone)			
120		1230 - 1330	Lunch			
121		1330 - 1600	Rifle LF 5 – Grouping at 100M (Other Positions)			
122		1600 - 1700	Set up Night Shoot and Rehearse	Duty SI		DOP D Block, Post Range Admin
123		1730 - 2000	Night Shoot LNV			
124	2000 - 2030	Return to Camp				
125	Day 18	0730 - 0830	Coaching – Application of Fire	Cse Offr	120	
126		0840 - 1000	Practical Coaching – Application of Fire	SI	SR	Cse Offr/Cz WO to set up Range
127		1010 - 1030	Move to range	Duty SI	Inf Range	D Block
128		1030 - 1100	Set up Range/Range Brief to Students	Cse Offr	Inf Range	B/A Pistol CQM (Trg CSgt) Container Meal at 1230 hrs.
129		1100 - 1600	LF 7 - Elementary Application of Fire			
130		1610 - 1630	Return to Camp	Duty SI		DOP D Block, Post Range Admin
131	Day 19	0730 - 0800	Move to Range	Duty SI	Inf Range	D Block
132		0800 - 0900	Set up Range/Range Brief to Students	Cse Offr	Inf Range	Packed Lunch
133		0900 - 1200	Rifle LF 9 – Advanced Application of Fire			

INSTRUCTOR TRAINING COURSE

134		1200 - 1600	CQM LF 9 - Transition	Trg CSgt		
135		1600 - 1620	Return to Camp	Duty SI		DOP D Block, Post Range Admin
136		1620 - 1640	March and Shoot Brief	Cse Offr		
137	Day 20	0800 - 0820	Sections move to and start March and Shoot	SI	SR	See separate Admin Inst For M&S
138		0900 - 1200	March and Shoot Competition	Cse Offr	Inf Range	
139		1200 - 1240	Progress Assessment 3	SI	SR	
140		1250 - 1310	Pay Parade	SA	Admin	

Ser	Date	Time	Activity	Instructor	Location	Remarks
141	Day 21	0730 - 0800	Move to Area	Duty SI		D Block
142		0800 - 2000	Student BEs	SI	TPC 2,3,4	5 x BE, 1 x Night BE (Summative)
143		1630 - 1700	Return to Camp	Duty SI		DOP D Block
144	Day 22	0730 - 0800	Move to Area	Duty SI		D Block
145		0800 - 1500	Student BEs	SI	TPC 2,3,4	4 x BE (Summative)
146		1510 - 1530	Return to Camp	Duty SI		DOP D Block
147		1530 - 1700	BE Admin	SI	SR	Enusre all kit is cleaned
148	Day 23	0800 - 0900	Summative Written Test	SI	SR	
149		0910 - 0950	Course Validation	SI	SR	
150		1000 - 1200	Student Teach Back Study			
151		Lunch				
152		1300 - 1600	Sports Afternoon	All		
153	Day 24	0800 - 1200	Final Student Teach Backs	Student	SR	Rifle Lessons (Summative)
154		Lunch				
155		1300 - 1700	Final Student Teach Backs	Student	SR	Fieldcraft Lessons (Summative)
156	Day 25	0800 - 1200	Final Student Teach Backs	Student	SR	Rifle Lessons (Summative)
157		Lunch				Pay Parade

Ser	Date	Time	Activity	Instructor	Location	Remarks
158	Day 26	0800 - 1200	Final Student Teach Backs	Student	SR	Fieldcraft Lessons (Summative)
159		Lunch				

INSTRUCTOR TRAINING COURSE

160		1300 - 1700	Final Student Teach Backs	Student	SR	Rifle Lessons (Summative)
161	Day 27	0800 - 1200	Final Student Teach Backs	Student	SR	Fieldcraft Lessons (Summative)
162		Lunch				
163		1320 - 1640	Final Student Teach Backs	Student	SR	Rifle Lessons (Summative)
164	Day 28	0800 - 1200	Final Student Teach Backs	Student	SR	Fieldcraft Lessons (Summative)
165		Lunch				
166		1300 - 1500	Student TP Re-Test	SI	SR	
167		1600 - 1700	Weapon Cleaning	Duty SI	Armoury	Cz LO
168	Day 29	0730 - 0920	100% Kit Check, Weapons Inspection	SI	SR	
169		0930 - 1020	Return Stores	RQMS	Stores	
170		Break	Pay Parade	SA	Admin Office	
171		1040 - 1120	Course Validation Results	Trg Offr	120	
172		1130 - 1210	End of Course Debrief	All	120	
173		Lunch				
174		1310 - 1350	Graduation Rehearsal	RSM	Conf Rm	
175		1400 - 1420	Graduation Parade	RSM	Conf Rm	Comd present
176		1430 - 1710	SI Interviews	SI	SR/I9	
177	Day 30	0800 - 0840	Hand over Accommodation	Cz WO	Accommodation	
178		0850 - 0930	Final Course Administration	RQMS/SI	Store/SR	
179		0940 - 1020	Course Dispersal	All	SR/I9	