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Driving limits and breaks from driving
（2） 4.5 hrs mins

## Split breaks



2 X per week maximum $=10 \mathrm{hrs}$


## 1 week fixed



## 2 weeks

| $\circledast$ | 34 hrs | 56 hrs | 34 hrs |
| :---: | :---: | :---: | :---: |
|  | Week 1 | Week 2 | Week 3 |
|  | $56 \mathrm{hrs}+34 \mathrm{hrs}=90 \mathrm{hrs}$ |  |  |
|  | $34 \mathrm{hrs}+$ | $=90 \mathrm{hrs}$ |  |




## Daily rest





Weekly rest


## Weekly rest

Mon Tue Wed Thurs Fri Sat Sun
$08.00 \quad 08.00 \quad 08.00 \quad 08.00 \quad 08.00 \quad 08.00 \quad 08.00$
$\left.\begin{array}{c}\text { Weekly } \\ \text { rest }\end{array}\right)$ Day 1
$\xrightarrow{\text { Sat }}$

| Week 1 | Week 2 | Week 3 |
| ---: | :---: | :---: |

## HGV DRIVERS' DAILY WALKAROUND CHECK



ELECTRICAL CONNECTIONS


SECURITY OF LOAD
 MARKERS


REFLECTORS


TYRES AND WHEEL


SPRAY SUPPRESSION


SECURITY OF BODY/WINGS


MIRRORS AND GLASS




EXCESSIVE ENGINE EXHAUST SMOKE


WINDSCREEN WIPERS AND WASHERS


LIGHTS AND INDICATORS


