



## News Release

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### **Local MMR vaccination plans to be developed in response to increase in measles cases**

#### **- Measles in Cambridgeshire and Suffolk this year exceeds numbers recorded for both counties in 2012 -**

A national catch-up programme to increase MMR vaccination uptake in children and teenagers is announced today (Thursday) by Public Health England, NHS England and the Department of Health. The aim of the programme is to prevent measles outbreaks by vaccinating as many unvaccinated and partially vaccinated 10-16 year olds as possible in time for the next school year.

New figures published today by Public Health England (PHE) show high numbers of confirmed measles cases in England in the first three months of 2013, reaching 587 by end of March, following a record annual high of almost 2,000 cases in 2012. Cases are distributed across England, with the highest totals in the North West and North East where there have been outbreaks of the disease.

In line with trends across the country, the number of cases of measles has continued to rise in Cambridgeshire and Suffolk. During the first three months of 2013, 20 cases were confirmed compared to a total of 17 cases in the whole of 2012. **(See notes in editors for breakdown by local authority).**

There have been no confirmed cases this year in Peterborough, Southend-on-Sea or Thurrock and only two in Essex and three in Norfolk, however the longer term trend is one of increasing cases.

Experts believe the rise in measles cases can be mostly attributed to the proportion of unprotected 10-16 year olds, who missed out on vaccination in the late 1990s and early 2000s when concern around the discredited link between autism and the vaccine was widespread. After many years of low vaccination uptake, measles became re-established in 2007.

The catch-up programme announced today sets out a national framework which local teams in NHS England East Anglia and Essex will work alongside Directors of Public Health in Local Government and be supported by Anglia and Essex PHE Centre to produce tailored local plans to identify and give MMR to un-vaccinated and partially vaccinated 10-16 year olds through GPs and/or school programmes.

Dr Gina Radford, Anglia and Essex Public Health England Centre Director, said:

“Measles is a potentially fatal but entirely preventable disease so it is very disappointing that cases have recently increased in Cambridgeshire and Suffolk. The catch-up programme set out today recommends an approach to specifically target those young people most at risk, particularly the 10-16 year old age group. We would advise those who have not been vaccinated to seek at least one dose of MMR vaccination which will give them 95 per cent protection against measles. A second dose is then needed to provide almost complete protection.

“The only way to prevent measles outbreaks is to ensure good uptake of the MMR across all age groups, and that when cases are reported, immediate public health action is taken to protect vulnerable individuals as soon as possible. Measles is not a mild illness - it is unpleasant and can lead to serious complications as we have seen with more than 100 children in England being hospitalised so far this year.

“It is never too late to get vaccinated against measles. We would urge parents of unvaccinated children, teenagers and young adults who have missed out on MMR to arrange to be vaccinated by their GP. If you are unsure whether you or your child has had two doses of the vaccine, speak to your GP who will have a record.”

To support the national programme, a new Facebook page has been launched ([www.facebook.com/getvaccinatedEngland](http://www.facebook.com/getvaccinatedEngland)) in conjunction with NHS Choices.

#### Notes to editors:

#### Confirmed cases of measles by month, quarter and year with a comparison to the previous years by Local Authority for the Anglia and Essex Public Health England Centre area

No – Confirmed cases Rate - Crude Rate per 100,000	Month		Quarter		Year					
	Latest Month – March 2013	Previous month – February 2013	Latest quarter Jan – March 2013	Previous quarter Oct – Dec 2012	Year to date (up to March) 2013		Previous year (up to March 2012)		Previous year (Total 2012)	
					No	Rate	No	Rate	No	Rate
<b>Anglia &amp; Essex PHE Centre</b>	<b>8</b>	<b>6</b>	<b>25</b>	<b>10</b>	<b>25</b>	<b>0.61</b>	<b>3</b>	<b>0.07</b>	<b>37</b>	<b>0.90</b>
Cambridgeshire	2	2	14	2	14	2.25	0	0	13	2.09
Essex	0	1	2	0	2	0.14	0	0	7	0.50
Norfolk	1	2	3	3	3	0.35	2	0.23	7	0.81
Peterborough	0	0	0	3	0	0	1	0.54	4	2.17

Southend on Sea	0	0	0	0	0	0	0	0	0	0
Suffolk	5	1	6	2	6	0.82	0	0	4	0.55
Thurrock	0	0	0	0	0	0	0	0	2	1.26

**Please see attached PDF for more data on MMR take-up, confirmed measles cases by age-group, MMR doses of vaccination compared to England average.**

1. More information on the MMR catch-up programme will be available on the PHE website from Thursday 25 April: <https://www.gov.uk/government/organisations/public-health-england/series/MMR-catch-up-programme-2013>. A table with laboratory confirmed cases of measles by region and age group in England is available from the press office under embargo.
2. For more information on measles and MMR, please visit: <http://www.hpa.org.uk/Topics/InfectiousDiseases/InfectionsAZ/Measles/measles/MMR> or <http://www.nhs.uk/Conditions/Measles/Pages/Introduction.aspx>
3. Public Health England is a new executive agency of the Department of Health that took up its full responsibilities on 1 April, 2013. PHE works with national and local government, industry and the NHS to protect and improve the nation's health and support healthier choices and will be addressing inequalities by focusing on removing barriers to good health. To find out more visit our website [www.gov.uk/phe](http://www.gov.uk/phe), follow us on Twitter @PHE\_uk.

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[www.gov.uk/phe](http://www.gov.uk/phe)